

# Summer Camps At A Glance

The Opportunities are Endless for a summer of camp fun! Camps are defined as a program running for 3 or more consecutive days. Below is a chart showing all the day and partial day camps that Milpitas Parks & Recreation Services is offering. The chart is broken down into categories and ages. For details on the camps, please see their descriptions on the following pages. Please Note: The cost is listed as “non-resident / resident.”

Camp	Age	Days	Times	# Meetings	Cost	June 15-19	June 22-26	June 29-July 2	July 6-10	July 13-17	July 20-24	July 27-31	August 3-7	August 10-14	August 17-21
<b>Full Day Camps</b>						(Non-R / Resident)									
Camp Golden Arrow	5-7	M-F	8:00 am-5:00 pm	5	\$170 / \$150		•	•	•	•	•	•	•	•	•
Camp Winnemucca	8-12	M-F	8:00 am-5:00 pm	5	\$170 / \$150		•	•	•	•	•	•	•	•	•
Extended Care Program	5-12	M-F	7:00-8:00 am, 5:00-6:00 pm	5	\$50 / \$30		•	•	•	•	•	•	•	•	•
<b>Arts &amp; Crafts &amp; Dramatics (partial days)</b>															
African Safari	6-12	Tu-Th	9:00-10:30 am	3	\$79 / \$59							•			
Jr. Under the Sea	5-7	Tu-Th	10:45am-12:15pm	3	\$79 / \$59							•			
Pastel Art Camp	6-12	Tu-Th	12:45-2:15 pm	3	\$79 / \$59							•			
Rainbow's Mini Actors	5-8	M-F	3:30-4:30 pm	10	\$105 / \$85	••••									
<b>Cooking (partial days)</b>															
Afternoon Appetizers	13+	M-F	1:30-4:30 pm	5	\$360 / \$340			•							
Around the World	8+	M-F	9:00-11:30 am	5	\$260 / \$240				•						
Bambini Italiano	5+	M-F	9:00-11:30 am	5	\$260 / \$240							•			
<b>Science / Engineering Camps &amp; Public Speaking/Debate (partial days)</b>															
Chess Wizards	5-13	M-F	9:00 am-3:00 pm	5	\$370 / \$350		•								
Survival Predator/Prey	5-12	M-F	9:00 am-3:00 pm	5	\$289 / \$269				•						
Jet Cadets	5-12	M-F	9:00 am-3:00 pm	5	\$289 / \$269					•					
Wacky Robots/Widgets	7-12	M-F	9:00 am-3:00 pm	5	\$289 / \$269						•				
Fizzical Phenomena	5-12	M-F	9:00 am-3:00 pm	5	\$289 / \$269							•			
Little Green Thumbs	4-6	M-F	9:00 am-12:00 pm	5	\$209 / \$189								•		
Reactions in Action	4-6	M-F	9:00 am-3:00 pm	5	\$289 / \$269									•	
Spy Academy	5-12	M-Th	9:00 am-3:00 pm	4	\$235 / \$215			•							
NASA: Journey Space	5-12	M-F	1:00-4:00 pm	5	\$209 / \$189								•		
LEGO Fun-gineering	5-9	M-F	9:00 am-12:00 pm	5	\$179 / \$159	•					•				•
Debate/Critical Think	9-14	M-F	See Descripton	5	\$385 / \$365									•	•
Pre-Public Speaking	5-8	M-F	9:00-11:30 am	5	\$295 / \$275		•								•
Public Speaking	9-14	M-F	See Description	5	\$375 / \$355				•				•		
<b>Dance / Music (partial days)</b>															
Jensen Dance - Mini	3.5-4.5	M-F	2:30-3:30 pm	5	\$75 / \$55		•								
Jensen Dance - Young	4.5-6	M-F	2:30-3:30 pm	5	\$75 / \$55		•								
Jensen Dance - Junior	6-8	M-F	1:00-2:30 pm	5	\$95 / \$75		•								
Jensen Dance - Senior	8-12	M-F	1:00-2:30 pm	5	\$95 / \$75		•								
Marching / Mallet Perc.	11-16	W-Sat	9:00 am-4:00 pm	4	\$310 / \$299		•								
<b>Sports Camps (partial and full days)</b>															
Jr. Jazzercise	6-13	M-F	12:30-3:00 pm	5	\$140 / \$120				•					•	
Soccer Camps	4.5-12	M-F	see description	5	see description	•			•	•	•				•
Tennis Camps	8-18	M-F	9:00 am-12:00 pm	5	\$175 / \$155	•	•	•	•	•	•	•	•		
Basketball	G3-9	M-F	see description	5	\$120 / \$100	•	•								
Offensive Skills	G3-9	M-F	see description	5	\$120 / \$100						•			•	
Track/Speed/Field	G3-10	M-F	see description	5	\$120 / \$100				•						
Baseball	G2-9	M-F	see description	5	\$120 / \$100								•		
Volleyball	G4-10	M-F	see description	5	\$120 / \$100							•			
Badminton	G3-10	M-F	see description	5	\$120 / \$100			•	•						
<b>Aquatics Camps (partial days)</b>															
Swim Camp	8-16	M-F	8:30-9:30 am	10	\$100 / \$80						••••	••••			
Water Polo Camp	8-16	M-F	7:30-9:00 am	10	\$100 / \$80						••••				
Lifeguarding	10-14	M-F	8:00 am-10:00 am	10	\$110 / \$90		••••	••••							

# SUMMER DAY CAMPS

Do you like being outside, doing crafts, playing group games, going on field trips? Why spend your summer at home when you can experience Milpitas Parks & Recreation Summer Day Camps?! Campers will create lasting memories with friends in our summer day camp programs. Trained Recreation Leaders provide a fun learning experience for campers through arts and crafts, games, field trips and other fun activities. There are two summer camps to choose from, Camp Golden Arrow for ages 5-7 and Camp Winnemucca for ages 8-12. Look and see which one suits you and your family!

## CAMP GOLDEN ARROW

**Monday-Friday, 8:00 am-5:00 pm**

**Milpitas Sports Center (Kid Fit Room)**

Camp Golden Arrow is offered to campers ages 5-7. Campers will learn how to play various games and learn how to work as a team. Daily arts and crafts, songs and special activities that fit the theme of the week will allow campers to express their creativity. Weekly field trips to local destinations will provide campers with new experiences that will last forever. Swim days will be offered to campers to cool off during the hot summer days. Camps follow a 1:10 ratio of counselors to campers to ensure campers have fun in a safe environment.

## EXTENDED CARE OPTION

**Monday-Friday, 7:00-8:00 am & 5:00-6:00 pm**

**Milpitas Sports Center (Kid Fit Room)**

Morning and evening extended care option is available for Golden Arrow and Winnemucca campers. It is held at the Sports Center which is adjacent to Cardoza Park.

## PARENT ORIENTATION

**Thursday, June 18, 2009 • 6:00-7:00 pm**

**Cardoza Park**

This is an excellent opportunity for parents and campers to meet this summer's Camp counselors, and ask any questions about this summer's program. Activities and crafts will be offered to provide some insight to this summer's program. We encourage all parents and participants to attend.

## LOW INCOME ASSISTANCE

Financial assistance is available for those who qualify. To receive an application, or for more information, contact the Recreation Assistance Program (RAP) Coordinator, Samu Tiimalu, at (408) 586-3222. All information is confidential.

## CAMP WINNEMUCCA

**Monday-Friday, 8:00 am-5:00 pm**

**Cardoza Park**

Camp Winnemucca is for youth ages 8-12. Campers will learn group games and activities all while learning teamwork. A wide range of activities such as arts and crafts, sports, board games, will be offered to provide every camper with a familiar and fun learning experience. Weekly field trips to local destinations will provide campers with experiences that will last forever. There will be days dedicated to swimming so campers will have a chance to brush up on their skills, or just cool off on hot days. Camps follow a 1:10 ratio of counselors to campers to ensure campers have fun in a safe environment.

## COUNSELOR IN TRAINING PROGRAM - CIT

Are you between the ages 13-16 and want to work with children ages 5-12? If yes, we have what you are looking for. Our summer day camp program is looking for volunteers to work as Counselors in Training (CIT). The CIT program will teach teens leadership, responsibility, time management as well as working as a team.

The CIT program will be offered in two 4-week sessions (June 22-July 17 & July 20-August 14). The CIT program is open to the top 24 applicants that pass an assessment to work the Summer Day Camp program. There are 12 spaces available per session and each CIT is required to attend 16-20 hours per week with 4-hour workdays (morning and mid-day shifts). Due to the popularity of the program, CITs are limited to volunteering only 1 session.

If you are interested in being a CIT, complete and submit a Milpitas Volunteer Partner (MVP) application to the Milpitas Community Center, by May 22. Applications are available at our facilities, or can be downloaded from [www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov) (under Community Center in the Parks & Recreation Services Section). CIT Assessment day is Friday, June 5, 4:00-6:00 pm, at the Milpitas Community Center. Letters will be mailed to confirm your space.

Questions? Contact Program Coordinator Samu Tiimalu at (408) 586-3222, or [stiimalu@ci.milpitas.ca.gov](mailto:stiimalu@ci.milpitas.ca.gov).

# CAMP GOLDEN ARROW

## Please Note:

- Instructor: Recreation Services Staff.
- Bring a bag lunch each day (no refrigeration available).
- \*No camp on July 3.



#4505.301	5-7 y	Mon-Fri	5 meetings
6/22-6/26	8:00-5:00 pm	Sports	\$170 / \$150
#4505.302	5-7 y	Mon-Th	4 meetings
6/29-7/2*	8:00-5:00 pm	Sports	\$140 / \$120
#4505.303	5-7 y	Mon-Fri	5 meetings
7/6-7/10	8:00-5:00 pm	Sports	\$170 / \$150
#4505.304	5-7 y	Mon-Fri	5 meetings
7/13-7/17	8:00-5:00 pm	Sports	\$170 / \$150
#4505.305	5-7 y	Mon-Fri	5 meetings
7/20-7/24	8:00-5:00 pm	Sports	\$170 / \$150
#4505.306	5-7 y	Mon-Fri	5 meetings
7/27-7/31	8:00-5:00 pm	Sports	\$170 / \$150
#4505.307	5-7 y	Mon-Fri	5 meetings
8/3-8/7	8:00-5:00 pm	Sports	\$170 / \$150
#4505.308	5-7 y	Mon-Fri	5 meetings
8/10-8/14	8:00-5:00 pm	Sports	\$170 / \$150
#4505.309	5-7 y	Mon-Fri	5 meetings
8/17-8/21	8:00-5:00 pm	Sports	\$170 / \$150

# CAMP WINNEMUCCA

## Please Note:

- Instructor: Recreation Services Staff.
- Bring a bag lunch each day (no refrigeration available).
- \*No camp on July 3.



#4506.301	8-12 y	Mon-Fri	5 meetings
6/22-6/26	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.302	8-12 y	Mon-Th	4 meetings
6/29-7/2*	8:00-5:00 pm	Cardoza Park	\$140 / \$120
#4506.303	8-12 y	Mon-Fri	5 meetings
7/6-7/10	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.304	8-12 y	Mon-Fri	5 meetings
7/13-7/17	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.305	8-12 y	Mon-Fri	5 meetings
7/20-7/24	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.306	8-12 y	Mon-Fri	5 meetings
7/27-7/31	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.307	8-12 y	Mon-Fri	5 meetings
8/3-8/7	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.308	8-12 y	Mon-Fri	5 meetings
8/10-8/14	8:00-5:00 pm	Cardoza Park	\$170 / \$150
#4506.309	8-12 y	Mon-Fri	5 meetings
8/17-8/21	8:00-5:00 pm	Cardoza Park	\$170 / \$150

# EXTENDED CARE CAMP

Golden Arrow and Winnemucca campers who need early morning and/or early evening hours, can register for Extended Care. Campers will be walked to and from the Extended Care facility to their camps. (Fee is based on \$6 per day)

#4507.301	5-12 y	Mon-Fri	5 meetings	6/22-6/26	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.302	5-12 y	Mon-Th	4 meetings	6/29-7/2*	7:00 am/6:00 pm	Sports	\$44 / \$24
#4507.303	5-12 y	Mon-Fri	5 meetings	7/6-7/10	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.304	5-12 y	Mon-Fri	5 meetings	7/13-7/17	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.305	5-12 y	Mon-Fri	5 meetings	7/20-7/24	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.306	5-12 y	Mon-Fri	5 meetings	7/27-7/31	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.307	5-12 y	Mon-Fri	5 meetings	8/3-8/7	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.308	5-12 y	Mon-Fri	5 meetings	8/10-8/14	7:00 am/6:00 pm	Sports	\$50 / \$30
#4507.309	5-12 y	Mon-Fri	5 meetings	8/17-8/21	7:00 am/6:00 pm	Sports	\$50 / \$30

## Camp & Workshop Refund Policy

In order to receive a refund for a program that takes place five (5) consecutive days or less, you must notify the Parks & Recreation Services Department 10 days prior to the beginning of the first day of the program and a full refund will be issued, minus a \$10 processing fee. Refunds and/or credits will not be issued with less than 10 days notice.

Medical emergencies are exempt from the policy; however, a signed statement from your doctor is required prior to the last day of class to be eligible for a refund and will be prorated for classes that were attended.

Please Late Pick-Up Policy in Registration Section.



## Dance Camps

A week long camp of song, dance and crafts! Campers will learn dances, songs and create props based on a summer dance theme! Campers will be introduced to the basics of Jazz, Tap, Musical Theater and Ballet through this exciting camp experience. Don't miss the opportunity to have lots of fun through dance. Parents, family and friends can enjoy our end of camp performance. A final performance rehearsal will be held on Friday, June 26 at 1:00 pm, with the performance at 2:00 pm. Ages 3.5-12.

### Please Note:

- Instructor: Jensen School of Performing Arts, 1491 N. Milpitas Blvd.
- A \$10 material fee is payable to instructor at first class meeting.
- Dance apparel and proper dance shoes are required.

### Mini Campers

#1501.301	3.5-4.5 y	Mon-Fri	5 meetings
6/22-6/26	2:30-3:30pm	JPA	\$75 / \$55

### Young Campers

#1501.302	4.5-6 y	Mon-Fri	5 meetings
6/22-6/26	2:30-3:30pm	JPA	\$75 / \$55

### Junior Campers

#1501.303	6-8 y	Mon-Fri	5 meetings
6/22-6/26	1:00-2:30pm	JPA	\$95 / \$75

### Senior Campers

#1501.304	8-12 y	Mon-Fri	5 meetings
6/22-6/26	1:00-2:30pm	JPA	\$95 / \$75

**NEW!**

## Chess Wizards Summer Camp

Let your children out of the house this summer with Chess Wizards. They can play games, make friends, and spend all day with us having fun! They will play games and activities throughout the day lead by the most energetic members of Chess Wizards staff. Activities include chess, lessons, puzzles, Wizard Says, Bug House, Mirror, Fisher, Take Me, charades, basketball, soccer, dodgeball, and more. Each child receives a Chess board (which can be signed by their friends on the last day of camp) a trophy, Chess Wizards T-shirt, and a folder containing all the puzzles completed at camp. Ages 5-13.

### Please Note:

- Instructor: Chess Wizards.
- Students should bring lunch daily. Snack is provided.

#2502.301	5-13 y	Mon-Fri	5 meetings
6/22-6/26	9:00am-3:00pm	Adobe	\$370 / \$350

## Kids Cooking -

### Around the World in 5 Days

We'll be visiting China, Italy, Japan, Greece and France so we will be making everything from Broccoli Beef to Chocolate Mousse and Ratatouille. Ages 8+.

### Please Note:

- Instructor: Cucina Bambini staff.
- Location: Cucina Bambini, 1041 Lincoln Ave, San Jose, (408) 564-7773, [www.cucinabambini.com](http://www.cucinabambini.com).
- A \$15 material fee is payable at first class (non-refundable).

#3543.301	8+ y	Mon-Fri	5 meetings
7/6-7/10	9:00-11:30am	See Notes*	\$260 / \$240

**NEW!**

## Kids Cooking - Bambini Italiano

We'll teach your little ones how to create a complete meal and have a ton of fun along the way! While making salad, breadsticks, pizza, pasta and dessert, your child will experience the joy of cooking while gaining confidence in the kitchen. Ages 5+.

### Please Note:

- Instructor: Cucina Bambini staff.
- Location: Cucina Bambini, 1041 Lincoln Ave, San Jose, (408) 564-7773, [www.cucinabambini.com](http://www.cucinabambini.com).
- A \$20 material fee is payable at first class (non-refundable).

#3506.302	5+ y	Mon-Fri	5 meetings
7/27-7/31	9:00-11:30am	See Notes*	\$260 / \$240

**NEW!**

## Teen Cooking - Afternoon of Appetizers

"Afternoons of Appetizers" Your teen will be ready to host a party with the experience he/she receives during this week. We'll make everything from dips and roll-ups to gourmet items such as tuna tartare on crispy wontons and avocado eggrolls. Ages 13+.

### Please Note:

- Instructor: Cucina Bambini staff.
- Location: Cucina Bambini, 1041 Lincoln Ave, San Jose, (408) 564-7773, [www.cucinabambini.com](http://www.cucinabambini.com).
- A \$15 material fee is payable at first class (non-refundable).

#3509.301	13+ y	Mon-Fri	5 meetings
6/29-7/03	1:30-4:30am	See Notes*	\$340 / \$320

### Registration & Refunds

*Starts April 25 for Milpitas residents &  
May 7 for non-residents.*

*See Refund Policies in Registration Section.*

\* = See "Please Note" in class description. Fees are listed as Non-resident / Resident prices.

Facility Locations: MCC = Community Center Adobe = Jose Higuera Adobe Park





## Rainbow Theatre's Mini Actors

This program is a fun introduction to drama for kids. Kids will have fun learning the basics of projection, character, and teamwork, culminating in 2 performances at the end of the two-week session. **Performances for family and friends will be held on Friday, June 19 at Noon and 6:00 pm.** Ages 5-8.

### Please Note:

- Instructor: Rainbow Theatre staff.
- Parents are responsible for costuming their children per the director's instruction.

#2107.301	5-8 y	Mon-Fri	10 meetings
6/8-6/19	3:30-4:30pm	MCC	\$105 / \$85

**NEW!**

## African Safari Camp

We will draw a variety of animals and scenes from the African Safari. Each day will have a different focus or use different media. The first two days are all about drawing different animals. The last day is cartooning the African Safari. Ages 6-12.

### Please Note:

- Instructor: Young Rembrandts.
- All materials provided by instructor (pencils, markers and Sharpies will be used).
- Students should wear an old T-shirt or bring a smock.

#1902.301	6-12 y	Tu-Th	3 meetings
7/28-7/30	9:00-10:30am	MCC	\$79 / \$59

## Junior Under the Sea Camp

We will draw many different characters that would be found "Under the Sea." Students will draw many on the first two days and then compile them into one large scene on the last day. Ages 5-7.

### Please Note:

- Instructor: Young Rembrandts.
- All materials provided by instructor (pencils, color pencils and markers will be used).
- Students should wear an old T-shirt or bring a smock.

#1909.301	5-7 y	Tu-Th	3 meetings
7/28-7/30	10:45-12:15pm	MCC	\$79 / \$59

**NEW!**

## Marching & Mallet Percussion Camps

Groove School of Percussion is proud to announce this 4-day camp for youth interested in learning more about Marching or Mallet Percussion. Ages 11-16.

### Please Note:

- Instructor: Groove School of Percussion staff.
- Class is held at Groove School of Percussion at Santa Clara Vanguard Hall, 1795 Space Park, Dr., Santa Clara.
- Students must provide own instruments, or call Groove School at 1 (800) 975-7093.

### Marching Camp

#1711.301	11-16 y	W-Sat	4 meetings
6/24-6/27	9:00am-4:00pm	See Notes	\$319 / \$299

### Mallet Percussion Camp

#1711.302	11-16 y	W-Sat	4 meetings
6/24-6/27	9:00am-4:00pm	See Notes	\$319 / \$299

## Pastel Camp

All new lessons for this summer! This Young Rembrandts camp is full of possibilities! Join us for 3 days of pastel fun as we learn about a new medium and explore different artists and art periods. Each day will create 1 large drawing in pastel chalks. We will create wonderful artwork while being inspired by master artists. The result will be truly suitable for framing. No experience is necessary. Ages 6-12.

### Please Note:

- Instructor: Young Rembrandts.
- All materials provided by instructor (pencils, markers and Sharpies will be used).
- Students should wear an old T-shirt or bring a smock.

#1922.301	6-12 y	Tu-Th	3 meetings
7/28-7/30	12:45-2:15pm	MCC	\$79 / \$59

## Survival: Predator or Prey

Learn about insects, birds, beasts and you from the inside out in this action packed week. Have fun finding and magnifying nature's smallest critters, from fungus to insects. Discover what night-hunting owls find for dinner during our owl pellet dissection. Whip up your own Mad Mucus and find out about the "stuff" inside your body. Have some creepy-crawly fun building a bughouse and finding tenants, and build a birdhouse to take home. Ages 5-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2503.301	5-12 y	Mon-Fri	5 meetings
7/6-7/10	9:00am-3:00pm	Adobe	\$289 / \$269



## Jet Cadets

It's a bird! It's a plane! No, it's everything from the earliest flying machines to the first rocket flights. This hands-on program lets you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride in hovercraft and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation and take home a rocket you've built yourself. Ages 5-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2504.301	5-12 y	Mon-Fri	5 meetings
7/13-7/17	9:00am-3:00pm	Adobe	\$289 / \$269



## Wacky Robots & Widgets

Whether your child likes to build things or destroy them, this camp includes both. The junior Mad Science engineers will design and build structures using simple tools and imaginations. Campers will even construct geodesic dome big enough for all of them to fit inside. Then the machine madness starts. Children will discover how different machines, simple and complex, are used in our daily lives. Kids will design simple machines using pulleys, wedges, screws and levers and have fun learning how catapults work. We'll use skills we've learned to build a Mad Science robot that we can keep, all while learning the science of robotics. Ages 7-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2505.301	7-12 y	Mon-Fri	5 meetings
7/20-7/24	9:00am-3:00pm	Adobe	\$289/ \$269



## "Fizz"ical Phenomena & Che-Mystery

Take a walk on the wild side in this crazy week of sleuth science. Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk, and a chromatography t-shirt to keep. Mix it up as we experiment with molecular madness, radical reactions and "fizz"-ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories. Then use everything you've learned to solve the Mad Science Mystery - even Sherlock couldn't figure this one out. Ages 5-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2506.301	5-12 y	Mon-Fri	5 meetings
7/27-7/31	9:00am-3:00pm	Adobe	\$289 / \$269



## NEW!

## Little Green Thumbs

Blossoming minds will love this week! Specially designed for the inquisitive pre-K or Kindergarten, this week teaches all about the amazing things that happen in the garden. Explore how things start to grow in the ground, and learn that plants, fruits and vegetables start from seeds. Learn what seeds need to grow and where they get those things as we study weather. Discover the role that bugs and butterflies play in making your garden grow. Ages 4-6.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2507.301	4-6 y	Mon-Fri	5 meetings
8/3-8/7	9:00am-12:00pm	Adobe	\$209 / \$189



## Registration & Refunds

*Starts April 25 for Milpitas residents &*

*May 7 for non-residents.*

*See Refund Policies in Registration Section.*

\* = See "Please Note" in class description. Fees are listed as Non-resident / Resident prices.

Facility Locations: Adobe = Jose Higuera Adobe Park

MCC = Community Center

SPORT = Sports Center



## Reactions in Action

Picture yourself as Sir Isaac Newton as we discover how things move with science. Experiment with inertia and gravity as you learn what football players, ballet dancers and scientists have in common. Explore how equipment and movement work together to help you enjoy your favorite sports. Learn about photography and the movie making business as we examine how a camera works, how film captures light and stores images, how motion pictures got started and how filmmakers make images move. Spend some time in the lab learning the tools and techniques that real chemists use, and perform some spectacular hands-on projects. Ages 4-6.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe Building is on Wessex Pl, just off N. Park Victoria.

#2508.301	4-6 y	Mon-Fri	5 meetings
8/10-8/14	9:00am-3:00pm	Adobe	\$289 / \$269

## NASA: Journey into Outer Space

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work in a real rocket launch. Explore the atmosphere on earth and beyond. Watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system and create a lunar eclipse in this "mad" planetary tour. Probe the mysteries of meteors and bounce around satellite light as you learn about space phenomena. Experience the life of an astronaut as you suit up for space flight. This is an experience that is truly out of this world! Ages 5-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Adobe is on Wessex Pl, just off N. Park Victoria.

#2509.301	5-12 y	Mon-Fri	5 meetings
8/3-8/7	1:00-4:00pm	Adobe	\$209 / \$189

## Spy Academy

Look out "007" - the Mad Science Spy Academy is here! From decoding messages to metal detectors and night vision, campers will have the opportunity to check out spy equipment and even create their own edible message. Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis. Figure out the science of forensics in a hands-on look at crime scenes. Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies use. The take-homes for this camp were designed by Q himself. Ages 5-12.

### Please Note:

- Instructor: Mad Science Staff.
- Wear comfortable clothes that can get dirty.
- Fee includes camp T-shirt, snacks and non-carbonated beverages.
- Campers need to bring a bag lunch.
- Adobe is on Wessex Pl, just off N. Park Victoria.

#3546.301	5-12 y	Mon-Th	4 meetings
6/29-7/2	9:00am-3:00pm	Adobe	\$235 / \$215

## Pre-Public Speaking Club Camp

"Confident Self" is the secret to successful public speaking! Confident Self, the final course of our on-going series, provides opportunities for students to understand and integrate manners in their daily interactions. Students will learn that exercising manners is a way to be a better friend while continuing to perfect their public speaking skills. Small class, professional coaches! Ages 5-8.

### Please Note:

- Instructor: Communications Academy Staff, [www.communicationacademy.com](http://www.communicationacademy.com).
- A \$10 material fee payable to instructor at first class.

#3534.303	5-6 y	Mon-Fri	5 meetings
6/22-6/26	9:00-11:30am	MCC	\$295 / \$275

#3534.304	7-8 y	Mon-Fri	5 meetings
8/17-8/21	9:00-11:30am	MCC	\$295 / \$275

(additional sessions listed on pg 40)

## Public Speaking Club Camp

"Creative Interpretation" What is crucial to success in school and personal life? Good communication! Creative Interpretation is the final course of our on-going series. Creative Interpretation emphasizes the use of gestures, emotion, facial expression, and body language in addition to the basic public speaking skills. Small class, continuous practice, and feedback from instructors! Final speeches recorded on DVD. Ages 9-14.

### Please Note:

- Instructor: Communications Academy Staff, [www.communicationacademy.com](http://www.communicationacademy.com).
- A \$25 material fee payable to instructor at first class.

#3545.301	9-11 y	Mon-Fri	5 meetings
7/6-7/10	1:30-4:30pm	MCC	\$375 / \$355

#3545.302	11-14 y	Mon-Fri	5 meetings
8/3-8/7	1:00-4:00pm	MCC	\$375 / \$355



## Debate/Critical Thinking Club Camp

**"Student Congress"** Ensure an academic edge! Debate enhances reading comprehension, increases GPA, and strengthens confidence, communication, and leadership abilities. Student Congress, the final course of our ongoing series, is a mock legislative session. Students are assigned to "houses" where they debate pre-assigned "bills" or "resolutions." Practice critical thinking, research, organization, presentation, active listening, reading, writing, and note taking. Professional debate coaches and instructors, personal guidance! Ages 9-14

### Please Note:

- Instructor: Communications Academy Staff, [www.communicationacademy.com](http://www.communicationacademy.com).
- A \$15 material fee payable to instructor at first class.

#3507.301	9-11 y	Mon-Fri	5 meetings
8/10-8/14	9:00am-12:00pm	MCC	\$385 / \$365

#3507.302	11-14 y	Mon-Fri	5 meetings
8/17-8/21	1:00-4:00pm	MCC	\$385 / \$365

## LEGO FUNgineering

Your child will have fun playing with LEGOs® and will learn a little about engineering and design basics at the same time. Each class will include planned projects, "Free Play" time (including some time with the Mindstorms Robot!), and some basic instruction/explanations, all geared towards a little added development of your child's creativity and imagination. Children can also learn to follow step-by-step instructions and to play, share and socialize nicely with others. Summer program includes new activities compared to school year sessions. Ages 5-9 years.

### Please Note:

- Instructor: David S. Wang, BS & MS in Mechanical Engineering.
- A \$28 material fee is payable to instructor at first meeting for LEGO® collection #6164 (522 pieces), or can bring your own large bucket of basic LEGO pieces.
- Bring a snack and bottle of water.

#3531.301	5-9 y	Mon-Fri	5 meetings
6/15-6/19	9:00a-12:00p	MCC	\$179 / \$159

#3531.302	5-9 y	Mon-Fri	5 meetings
7/20-7/24	9:00a-12:00p	MCC	\$179 / \$159

#3531.303	5-9 y	Mon-Fri	5 meetings
8/17-8/21	9:00a-12:00p	MCC	\$179 / \$159

## Soccer Camp - Just4Kicks

NEW!

Over the five day camp, players will experience all the fun and excitement soccer has to offer. Running, dribbling, kicking the ball; all with expert guidance and instruction from a Just4Kicks, Inc. staff coach. Every day ends with a small-sided scrimmage culminating with a mini "World Cup" tournament on Friday. While no score is kept, it mimics the feel of a tournament for the younger kids. Soccer 2-3 emphasis remains on the basic soccer skills utilizing fun soccer activities, and team concepts are presented in the Friday scrimmage. Soccer 4-6 focus' on both individual and team skills are of equal importance. Expectations of each position in a small-sided game format are explained and developed for a truly exceptional soccer experience. Ages 5-6

### Please Note:

- Instructor: Just 4Kicks, Inc., Staff.
- Bring a full water bottle, sunscreen, and shin guards. Full day campers bring a bag lunch.

### K1 Soccer

#3716.301	5-6 y	Mon-Fri	5 meetings
7/6-7/10	9:00-11:00am	Gill Park	\$120 / \$100

#3716.302	5-6 y	Mon-Fri	5 meetings
7/6-7/10	9:00 am-4:00pm	Gill Park	\$210 / \$190

#3716.303	5-6 y	Mon-Fri	5 meetings
7/20-7/24	9:00-11:00am	Gill Park	\$120 / \$100

#3716.304	5-6 y	Mon-Fri	5 meetings
7/20-7/24	9:00 am-4:00pm	Gill Park	\$210 / \$190

### Soccer 2-3

#3716.305	7-8 y	Mon-Fri	5 meetings
7/6-7/10	9:00-12:00pm	Gill Park	\$145 / \$125

#3716.306	7-8 y	Mon-Fri	5 meetings
7/6-7/10	9:00 am-4:00pm	Gill Park	\$210 / \$190

#3716.307	7-8 y	Mon-Fri	5 meetings
7/20-7/24	9:00-12:00pm	Gill Park	\$145 / \$125

#3716.308	7-8 y	Mon-Fri	5 meetings
7/20-7/24	9:00 am-4:00pm	Gill Park	\$210 / \$190

### Soccer 4-6

#3716.309	9-12 y	Mon-Fri	5 meetings
7/6-7/10	9:00-12:00pm	Gill Park	\$145 / \$125

#3716.310	9-12 y	Mon-Fri	5 meetings
7/6-7/10	9:00 am-4:00pm	Gill Park	\$210 / \$190

#3716.311	9-12 y	Mon-Fri	5 meetings
7/20-7/24	9:00-12:00pm	Gill Park	\$145 / \$125

#3716.312	9-12 y	Mon-Fri	5 meetings
7/20-7/24	9:00 am-4:00pm	Gill Park	\$210 / \$190

## Registration & Refunds

*Starts April 25 for Milpitas residents &  
May 7 for non-residents.*

*See Refund Policies in Registration Section.*

\* = See "Please Note" in class description. Fees are listed as Non-resident / Resident prices.

Facility Locations: MCC = Community Center Adobe = Jose Higuera Adobe Park



## Soccer Camp - Kidz Love Soccer



Half day camps participants will learn the basic and advanced techniques of soccer and compete in an age-appropriate "world cup" tournament. Dribbling, passing, receiving and shooting will be presented to 4.5-8 year old players. Advanced dribbling moves, tactical team aspects (i.e. possession, combination play), and attacking the goal as a unit will be taught to 9-12 year old players. Children will learn about other children around the world through the game of soccer. A full soccer match will be played as the last event each day. Each child receives a soccer ball and T-shirt. Ages 4.5-12.

### Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required. Soccer shoes and sunscreen recommended. Bring a full water bottle & snack.
- Rainout schedule, call: 1-800-871-2275.

### Level 1

#3725.301	4.5-6 y	Mon-Fri	5 meetings
6/15-6/19	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.302	4.5-6 y	Mon-Fri	5 meetings
7/13-7/17	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.303	4.5-6 y	Mon-Fri	5 meetings
8/17-8/21	9:00 am-1:00pm	Adobe	\$144 / \$124

### Level 2

#3725.304	7-8 y	Mon-Fri	5 meetings
6/15-6/19	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.305	7-8 y	Mon-Fri	5 meetings
7/13-7/17	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.306	7-8 y	Mon-Fri	5 meetings
8/17-8/21	9:00 am-1:00pm	Adobe	\$144 / \$124

### Level 3

#3725.307	9-12 y	Mon-Fri	5 meetings
6/15-6/19	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.308	9-12y	Mon-Fri	5 meetings
7/13-7/17	9:00 am-1:00pm	Adobe	\$144 / \$124
#3725.309	9-12 y	Mon-Fri	5 meetings
8/17-8/21	9:00 am-1:00pm	Adobe	\$144 / \$124

**NEW!**

## Junior Jazzercise Camp



Junior Jazzercise is a perfect program to get boys and girls active while learning the importance of exercise and a healthy lifestyle. The program combines fun, easy-to-follow dance moves to popular music and light strength training. The non-competitive atmosphere is the perfect setting to introduce your child to fitness in an enjoyable way. These sessions include an aerobic segment, a nutrition and healthy lifestyle segment and a fitness game segment. Healthy snacks will be provided. Ages 6-13.

### Please Note:

- Instructor: Deanna Perez (bilingual in Spanish/ English)
- Wear athletic shoes and comfortable clothing & bring a water bottle.

#3714.301	6-9 y	Mon-Fri	5 meetings
7/6-7/10	12:30-3:00pm	MCC	\$140 / \$120
#3714.302	10-13 y	Mon-Fri	5 meetings
8/10-8/14	12:30-3:00pm	MCC	\$140 / \$120



## Team Tennis Camp



Drills, match play and fun games designed to develop skills. 6:1 camper/instructor ratio, a T-shirt and journal/log for each camper. Campers will participate in match play against various teams from South Bay tennis clubs and organizations in three different age and skill levels, including USTA Junior League competition. Coaches will be on site for all matches, and there will be some traveling involved. Last year the co-ed 18's wound up the summer as the 2nd best team in the South Bay. Match play takes place on Wednesday, Thursday or Friday, depending on the age and skill level. Interclub provides a great opportunity for youngsters, ages 8-14, to gain match experience. Junior League provides strong competition for both Intermediate and Advanced players, ages 10-18. There will be an end of summer BBQ for all those who participate in Junior League Match play, and Interclubbers who played in at least three matches over the summer will be qualified for the season jamboree in late August. Ages 8-18.

### Please Note:

- Instructor: Barry Poole, USPTA.
- Wear comfortable athletic clothing, and bring bottled water, a racquet and tennis balls to each class.

#3710.301	8-18 y	Mon-Fri	5 meetings
6/15-6/19	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.302	8-18 y	Mon-Fri	5 meetings
6/22-6/26	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.303*	8-18 y	Mon-Th	4 meetings
6/29-7/2	9:00am-12:00pm	Hall Park	\$144 / \$124
#3710.304	8-18 y	Mon-Fri	5 meetings
7/6-7/10	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.305	8-18 y	Mon-Fri	5 meetings
7/13-7/17	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.306	8-18 y	Mon-Fri	5 meetings
7/20-7/24	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.307	8-18 y	Mon-Fri	5 meetings
7/27-7/31	9:00am-12:00pm	Hall Park	\$175 / \$155
#3710.308	8-18 y	Mon-Fri	5 meetings
8/3-8/7	9:00am-12:00pm	Hall Park	\$175 / \$155

## Doubles Preparation Camp



These camps are designed for youngsters desiring to compete at higher levels or play on their respective school teams. Students will work physically on the fundamentals of coverage, formations and responsibilities of team members. They will develop the understanding of court coverage, and the movement skills needed to place themselves in the best positions possible depending on their situations. They will begin developing the reading skills needed to anticipate the next move of their opponent, and will begin learning the tools and skills needed to problem solve, manage a crisis, and maintain a mental and physical toughness to stay the course. T-shirt is included.

Ages 12-17.

### Please Note:

- Instructor: Barry Poole, USPTA.
- Wear comfortable athletic clothing, and bring bottled water, a racquet and tennis balls to each class.

#3724.301	12-17 y	Mon-Fri	5 meetings
8/10-8/14	9:00 am-12:00pm	Hall Park	\$170 / \$150

#3724.302	12-17 y	Mon-Fri	5 meetings
8/17-8/21	9:00 am-12:00pm	Hall Park	\$170 / \$150

## Offensive Skills Camp



For girls and boys in grade 3-9, this programs' goals include having fun and learning offensive skills for the game of basketball. Emphasis is on offensive skill development and encouraging growth in the skill set learned in the fundamental camp. All grades will be exposed to an advanced skill program focusing on upcoming Frosh/Soph tryouts. Participants receive a T-shirt and player evaluation. Grades 3-9.

### Please Note:

- Instructor: Southpawprep, Steve Cain and Ralph Fields.
- Participants should register for grade in 2008-2009.
- Discount of 50% on second session for participant when registering in both sessions (and receive only one T-shirt).
- Wear athletic clothing and athletic shoes.
- Class held in Sports Center Gym.

#3735.301	3-9 grades	Mon-Fri	5 meetings
7/20-7/24	9:00am-12:00p	SPORT	\$120 / \$100

#3735.302	3-9 grades	Mon-Fri	5 meetings
7/20-7/24	1:00-4:00pm	SPORT	\$120 / \$100

### Ladies Only

#3735.303	3-9 grades	Mon-Fri	5 meetings
7/20-7/24	4:00-6:00pm	SPORT	\$120 / \$100

### Individuals

#3735.304	3-9 grades	Mon-Fri	5 meetings
8/10-8/14	9:00am-12:00pm	SPORT	\$120 / \$100

### Team

#3735.305	3-9 grades	Mon-Fri	5 meetings
8/10-8/14	1:00-4:00pm	SPORT	\$120 / \$100

## FUNDamental Basketball Camp



For boys and girls in grades 3-9, this program's goals include having fun and learning the fundamentals of basketball. Emphasis is on skill development and encouraging positive attitudes. The 7-9 grade camp is advanced skill program focusing on upcoming Frosh/Soph team tryouts. Participants receive a reversible jersey and basketball. Grades 3-9.

### Please Note:

- Instructor: Southpawprep, Steve Cain and Ralph Fields.
- Participants should register for grade in 2008-2009.
- Discount of \$25 for participants registering in both weeks (and receive only one jersey and basketball).
- Wear athletic clothing and athletic shoes.
- Class held in Sports Center Gym.

#3705.301	3-4 grades	Mon-Fri	5 meetings
6/15-6/19	8:45-10:45am	SPORT	\$120 / \$100

#3705.302	3-4 grades	Mon-Fri	5 meetings
6/22-6/26	8:45-10:45am	SPORT	\$120 / \$100

#3705.303	5-6 grades	Mon-Fri	5 meetings
6/15-6/19	11:00a-1:00pm	SPORT	\$120 / \$100

#3705.304	5-6grades	Mon-Fri	5 meetings
6/22-6/26	11:00a-1:00pm	SPORT	\$120 / \$100

#3705.305	7-9 grades	Mon-Fri	5 meetings
6/15-6/19	2:00-4:00pm	SPORT	\$120 / \$100

#3705.306	7-9 grades	Mon-Fri	5 meetings
6/22-6/26	2:00-4:00pm	SPORT	\$120 / \$100



### Registration & Refunds

*Starts April 25 for Milpitas residents &  
May 7 for non-residents.*

*See Refund Policies in Registration Section.*

\* = See "Please Note" in class description. Fees are listed as Non-resident / Resident prices.

Facility Locations: SPORT = Sports Center HALL = Hall Park

## Track/Speed and Field Camps



For girls and boys who are beginners and intermediate athletes who want to take their skills set to the next level. Participants will learn new skills while building on the fundamentals. Emphasis is on fundamental development and encouraging positive attitudes. Speed camp is not just for track and field athletes, it is for all athletes who want to become faster in their respective sport. The campers will get an education on track and field rules and procedures. Participants receive a T-shirt and athlete report card.

Grades 3-10.

### Please Note:

- Instructor: Southpawprep and Tony Frascione (Head Varsity Track & Field Coach at Milpitas High School).
- Participants should register for grade in 2008-2009.
- Discount of 50% on second session for participant when registering in both sessions (and receive only one T-shirt).
- Wear athletic clothing and athletic shoes.
- Class held on Sports Center Track.

### Track & Speed Camp

#3736.301	3-10 grades	Mon-Fri	5 meetings
7/6-7/10	9:00a-12:00pm	SPORT	\$120 / \$100

### Field Camp

#3736.302	3-10 grades	Mon-Fri	5 meetings
7/6-7/10	1:00-4:00pm	SPORT	\$120 / \$100

## FUNDamental Baseball Camp



For girls and boys who want to learn the basic fundamentals of the game of baseball. Participants will learn new skills while building upon the fundamentals. The camp will cover skills like catching, throwing and hitting. During camp, players will be educated on the rules of the game while also being put through an array of offensive and defensive drills. Attitude and the spirit of the game will be emphasized for a positive time at camp. Participants receive a T-shirt, baseball and athlete report card. Grades 2-9.

### Please Note:

- Instructor: Southpawprep and Chewy Zamudio (Head Varsity Boys Baseball Coach at Milpitas High School).
- Participants should register for grade in 2008-2009.
- Wear athletic clothing and athletic shoes.
- Discount of 50% on second session for participant when registering in both sessions (and receive only one T-shirt).
- Class held on Sports Center. Senior Field.

### Position

#3712.301	2-9 grades	Mon-Fri	5 meetings
8/3-8/7	9:00a-12:00pm	SPORT	\$120 / \$100

### Hitting

#3712.302	2-9 grades	Mon-Fri	5 meetings
8/3-8/7	1:00-4:00pm	SPORT	\$120 / \$100

## FUNDamental Volleyball Camp



For girls and boys who want to learn the basic fundamentals of the game of Volleyball. Participants will learn new skills while building upon the fundamentals. The camp will cover skills like hitting, setting and spiking. During camp, players will be educated on the rules of the game while also being put through an array of offensive and defensive drills. Attitude and the spirit of the game will be emphasized for a positive time at camp. Participants receive a T-shirt and athlete report card. Grades 4-10.

### Please Note:

- Instructor: Southpawprep and Jeff Lamb (Head Varsity Volleyball Coach at Milpitas High School).
- Participants should register for grade in 2008-2009.
- Discount of 50% on second session for participant when registering in both sessions (and receive only one T-shirt).
- Wear athletic clothing and athletic shoes, knee pads are optional.
- Class held in Sports Center Gym.

### Individual Skills

#3713.301	4-10 grades	Mon-Fri	5 meetings
7/27-7/31	9:00a-12:00pm	SPORT	\$120 / \$100

### Team Skills

#3713.302	4-10 grades	Mon-Fri	5 meetings
7/27-7/31	1:00-4:00pm	SPORT	\$120 / \$100

## FUNDamental Badminton Camp



For girls and boys who want to learn the basic fundamentals of the game of Badminton. Participants will learn new skills while building upon the fundamentals. The camp will cover skills like hitting, footwork and strategy. During camp, players will be educated on the rules of the game while also being put through an array of offensive and defensive drills. Attitude and the spirit of the game will be emphasized for a positive time at camp. Participants receive a T-shirt and athlete report card. Grades 3-10.

### Please Note:

- Instructor: Southpawprep and Thien Hua (Head Varsity Badminton Coach at Milpitas High School).
- Participants should register for grade in 2008-2009.
- Discount of 50% on second session for participant when registering in both sessions (and receive only one T-shirt).
- Wear athletic clothing and athletic shoes.
- Class held in Sports Center Gym.

### Singles

#3718.301	3-10 grades	Mon-Th	4 meetings
6/29-7/2	9:00a-12:00pm	SPORT	\$100 / \$80

#3718.303	3-10 grades	Mon-Fri	5 meetings
7/13-7/17	9:00a-12:00pm	SPORT	\$120 / \$100

### Doubles

#3718.302	3-10 grades	Mon-Th	4 meetings
6/29-7/2	1:00-4:00pm	SPORT	\$100 / \$80

#3718.304	3-10 grades	Mon-Fri	5 meetings
7/13-7/17	1:00-4:00pm	SPORT	\$120 / \$100

**SWIM SKILLS REQUIREMENTS:** Participants in the Aquatic Camps & Programs listed on this page must be able to complete two laps each of freestyle, backstroke and breaststroke, and tread water for 1 minute, or have successfully completed an Advanced Swim class prior to first day of camp.

## Jr. Lifeguard Program



Are you interested in becoming a lifeguard but are not old enough? This course's content includes training in pool safety, rescue techniques and swim lesson aide. Upon successful completion, participants will be able to volunteer at either the Sports Center or Milpitas High School pools during the summer.

Ages 10-14.

### Please Note:

- Instructor: Recreation Aquatic Staff.
- Fee includes T-Shirt and City of Milpitas Jr. Lifeguard manual.
- \*Class will be held on Saturday, June 27.
- **See swim skills requirements above.**
- Bring swimsuit, towel and sunscreen.

#2723.301	10-14 y	Mon-Fri*	10 meetings
6/22-7/2*	8:00-10:00am	SPORTS	\$110 / \$90

## Advanced Jr. Lifeguard Program



Designed as a continuation to the Junior Lifeguard program. Instruction on pool safety, advanced rescue techniques, First Aid and basic CPR and swim lesson aide will be taught. The class will prepare participants for the American Red Cross Lifeguard Training course that is offered. Upon successful completion, participants will be able to volunteer at either the Sports Center or Milpitas High School pools during the summer. Ages 13-14.

### Please Note:

- Instructor: Recreation Aquatic Staff.
- Fee includes T-Shirt and City of Milpitas Jr. Lifeguard manual.
- An \$8 American Red Cross CPR certification fee due at first class (payable to "American Red Cross").
- Ages 13-14, or by approval from Jr. Lifeguard instructor.
- Bring swimsuit, towel and sunscreen.
- **See swim skills requirements above.**

#2724.301	13-14 y	Mon-Fri	10 meetings
7/6-7/17	8:00-10:00am	SPORTS	\$110 / \$90



## Water Polo Camp



Join this exciting sport! Water Polo is a combination of soccer and basketball in the pool! Come learn the fundamentals of the game, including ball handling, dribbling, passing and game strategies. Ages 8-16.

### Please Note:

- Instructor: Recreation Aquatic Staff.
- Bring swimsuit, towel and sunscreen.
- **See swim skills requirements above.**

#8005.301	8-16 y	Mon-Fri	10 meetings
7/20-7/31	7:30-9:00am	MHS	\$100 / \$80

## Swim Camp - Level 1



Interested in becoming a fast swimmer? How about racing? This camp teaches competitive stroke techniques in freestyle, backstroke and breaststroke. Coaches will instruct on proper swimming strokes, drills and competitive dives. Ages 8-16.

### Please Note:

- Instructor: Recreation Aquatic Staff.
- Bring swimsuit, towel and sunscreen.
- **See swim skills requirements above.**

#8001.301	8-16 y	Mon-Fri	10 meetings
7/20-7/31	8:30-9:30am	SPORTS	\$100 / \$80

## Swim Camp - Level 2



Emphasis is placed on perfection of the competitive swimming strokes of butterfly, backstroke, breaststroke and freestyle, racing starts, turns, speed and endurance drills and introduction to competition. Upon completion, swimmers will have the option of moving on to the Milpitas Tidal Waves swim team. **Participants must have completed Swim Camp Level 1 or an Advanced Swim class prior to first day of class.** Ages 8-16.

### Please Note:

- Instructor: Recreation Aquatic Staff.
- Bring swimsuit, towel and sunscreen.
- **See swim skills requirements above.**

#8002.301	8-16 y	Mon-Fri	10 meetings
8/3-8/14	8:30-9:30am	SPORTS	\$100 / \$80

### Registration & Refunds

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May 7 for non-residents.*

*See Refund Policies in Registration Section.*

\* = See "Please Note" in class description.

Fees are listed as Non-resident / Resident prices.

Facility Locations: SPORT = Sports Center

MHS = Milpitas High School